

ABSTRACT OF THE DISCLOSURE

A system of dental appliances having various sizes and types and a method for treating malocclusions of patients of various ages without adjustments or appointments are provided. The dental appliances may be sized to treat, for example, patients in age ranges of less than six years; six years to twelve years; and twelve or more years. The dental appliances may have preformed and/or customized sockets and/or slots for more than one tooth, such as incisors and/or canines and/or molars and/or premolars and/or deciduous molars and/or adult molars. The dental appliances may be one-size-fits-all type dental appliances. The dental appliances may be used to treat a malocclusion, such as, for example, an overbite, an overjet, crowding, spacing, or temporomandibular joint problems, and may be distributed in an over-the-counter manner.